St. Valentine's Day (14th February) is a day of mourning and not of merry making

1. It is inhuman to rejoice on the Death Anniversary of a great Saint Valentine who gave his life to save the institution of marriage and family.

2. Observe Valentine martyr Day as the day of Family Unity and Solidarity of the Institution of Marriage

Claudius II banned soldiers' marriages:
In the year 269 A.D. the cruel Emperor of Rome, Claudius II, had imposed a ban on marriages of his soldiers because he thought unmarried soldiers made good and effective soldiers. The great saint of a Church of Rome, felt that the king's order was inhuman, against human instinct. Solidarity of marriage

Solidarity of institution of marriage and family unity has been practised by civilized society and is also God's command. St. Valentine realized that if the soldiers were not allowed to marry, they would indulge in sex with prostitutes or would try to have illicit relations with other women. Realizing the importance of the institution of marriage the saint opened his Church at night to let the soldiers solemnize marriages. He loved to perform this special physical relations only with their own wives. He told that it was a sin to have physical relations with other women. He emphasized that conjugal love between man and wife and family unity alone, was the way to get life long happiness. Therefore, marriage was necessary for every young person. When King Claudius II came to know about it, he awarded death penalty to Saint Valentine on February 14. Thus St. Valentine died as a martyr in defence of the institution of marriage and family.

Vested interests misinterpreted Valentine Day:
After the death of St. Valentine people realized the significance of his sacrifice. Later people organized mourning assemblies to pay homage to the memory of St. Valentine as well as to remind themselves of the sanctity of the institution of marriage and unity of the family on 14 February. In the period of turmoil in Roman Empire slowly and slowly people forgot the teachings of St. Valentine and the saint Valentine himself. During the period of Industrial Revolution in Europe, with fierce competition, every body wanted to increase comforts and more and more wealth by hook or crook for their material comforts. People tried to use every means, fair or foul, to increase comforts and profits. Few years back some unscrupulous industrialists started printing valentine cards and popularizing Valentine Day, as the day of sensuous music, consuming liquor and they can go to any extent thereafter. There has been steady increase in rapes, assaults and killings during Valentine days, due to the rivalry between boys and girls. Elders should guide youth properly:

Today parents at home and teachers in school have abdicated their responsibilities of ideal grooming of children by imparting human and divine education. Schools are imposing forced discipline on children rather than teaching them to have self discipline to obey the law of father, head of the family, law of the teacher and the principal, moral law, law of the state and the country and international law. Parents, grandparents and teachers should motivate their children to consider other children as their brothers and sisters. Saint Valentine's Day an imported tradition:

Valentine's Day is an imported tradition and this practice has led to social sin in Indian society and is most embarrassing to the elderly people. Encouraging the celebration of Valentine day would be sin against future generation and humanity. Therefore the Valentine day should not be celebrated and in fact it should be banned because it evokes sexual feelings in children at a very young age.

CMS Principals decide to observe Valentine Day as Family Solidarity Day:

The Principals of various branches of City Montessori School jointly decided to observe Valentine Day as Family Solidarity Day and educate their students and parents accordingly. The Principals lamented that the impact of Valentine Day tradition has adversely affected the moral character of innocent children, that pertains ill for the future society of the human race. They appealed to all schools, colleges, universities and professional institutions, to educate the youth about the real meaning of the day, when the great saint of Rome sacrificed his life, to protect the institution of marriage. Like last year, CMS has again decided to celebrate St. Valentine’s day as family unity day on 14th February. St. Valentine regarded marriage compulsory for young people. Therefore the students have nothing to do with this celebration. CMS has been educating its students about the noble spirit of St. Valentine for the past 48 years. The school has also been teaching its students the noble ideals of Mahatma Gandhi and Vinoba Bhave. It is our moral duty to raise our voice against Valentine day so that the children of the whole world as also to stimulate love in them for God, parents, siblings and relatives so that the real spirit of love could grow.

True homage to St. Valentine is to observe it as family unity day:
The Valentine day should be used for taking pledge for family unity by resolving to stay away from evils and discrimination. This day should be an occasion to reiterate our love for God and for equality in society. The world needs a hero of Indian culture and civilization. On the sacred St. Valentine day prayer meetings should be held to strengthen love for parents, siblings, grandparents, aunts, uncles, cousins, male and female friends. That would be the correct way of celebrating the Valentine day. CMS teaches its children about global unity and spiritual pursuits. The true homage to St. Valentine day would be to celebrate it as family unity day and reaffirm our faith in the teachings of St. Valentine.

WATCH AND LISTEN !
A film on Valentine Day by CMS is being shown on the following channels:

1. Two CMS educational FM Radio Stations: CMS is daily broadcasting educational programs through two CMS FM Radio Stations on 90.4 MHz from CMS, Goromnagar in the morning between 7 am and 10 am and in the evening from 4.30 pm to 7.30 pm and from CMS, Kanpur Road branch CMS FM Radio Station, the programme is relayed from 7.30 pm to 10.30 pm.

2. CMS Educational Film Division: CMS Film Division has been producing educative films for students, teachers and parents. These films are being regularly shown on (i) Aastha (ii) Sanskar and (iii) Sadhana Channels in March.

CMSG educational activities are also telecast on local TV channels daily.
CIVS Healers Village Camp concludes on a note of peace and harmony at Kanpur Road

The month long Children’s Peace Camp “Healers Village” held at CMS Kanpur Road from 28 December 2006 to 24 January 2007, concluded with a pledge to create peace and harmony in the world. Children of 11 countries of the world participated in this camp. Bonds of love and friendship were established between the little camp mates belonging to different countries of the world. These countries were Australia, Brazil, Canada, China, UK, Germany, France, Norway, Sweden, Philippines and India. Each delegation representing a country, comprised two boys and two girls, aged 11-12 years, accompanied by an adult leader. The Camp also had junior counsellors, comprising 16-17 years who acted as intermediaries between the children and the adults and assisted in the running of the CISV Camp. During the camp, the children interacted with each other and became life long friends. They played several cooperative games based on the idea of peace and friendship. They also went for picnics and cultural excursions together and visited places of historical and cultural interest. During the weekends, they stayed with host families. The hosts received the children as members of their family and introduced them to the Indian way of life. During their stay with the host families, the boys’ group also prepared themselves with Indian customs and traditions. The two special days of the camp were the National Nights and the Open day. On the National Nights, delegation cooked in traditional dishes for all the campers. They also put up an exhibition of scrap books and charts of Indian customs. On the Open Day of the Camp, the delegates interacted with the general public and staged beautiful folk dances to delight of all.

DAILY CMS FM Radio (90.4 MHz) schedule for February 2007

From CMS, Doti-Ganj, 7:00 am to 10:00 am and again 4:30 pm to 7:30 pm from CMS, Kanpur Road, 7:30 pm to 10:00 pm (daily)

Programme begins with: Signature Tune, Vandana (from various religions), Thought for the day, Vichar and Zikar, Zoom

01.02.2007 (THURSDAY)

Rhyme Time, Hindi, Bollywood Yadein, CMS News, Science: The Common Defects Of The Eye (Part-1), Personality Development: Tips For Positive Parenting (Part-1), Math: Cubes And Outides, Value Based Teaching: Old Age Home And Their Life, My Dream, My Childhood

02.02.2007 (FRIDAY)

Panchrantna Ki Kahaniyan, Mr. Bhushan: The Essence Of Personality, CMS News, Sargam, Bollywood Yadein, Community: 2 (job Watch): Watches. Form Of Commodities, Advertising: A New Approach To A Positive One, Biology: Earth quake (Part-2)

03.02.2007 (SATURDAY)


04.02.2007 (SUNDAY)


05.02.2007 (MONDAY)


06.02.2007 (TUESDAY)


07.02.2007 (WEDNESDAY)


08.02.2007 (THURSDAY)


09.02.2007 (FRIDAY)


10.02.2007 (SATURDAY)


11.02.2007 (SUNDAY)


12.02.2007 (MONDAY)


13.02.2007 (TUESDAY)


14.02.2007 (WEDNESDAY)

Rhyme Time, FM Team-Aapke Ghar Main, Teacher-Parents Interaction, An Apple A Day, Hamara Parv Aur Tyahar, glimpses Of International Events, “Hafiz” CMS FM: Personality Development: Make your Children Win

15.02.2007 (THURSDAY)


16.02.2007 (FRIDAY)


17.02.2007 (SATURDAY)


18.02.2007 (SUNDAY)


19.02.2007 (MONDAY)


20.02.2007 (TUESDAY)


21.02.2007 (WEDNESDAY)


22.02.2007 (THURSDAY)

Rhyme Time, Hindi, CMS News, Science, Rang March, Matha, Value Based Teaching, My Dream, Career Junction, Personality Development: Be A Role Model To Your Children, Sociology: The Essence Of Personality

23.02.2007 (FRIDAY)


24.02.2007 (SATURDAY)


25.02.2007 (SUNDAY)


26.02.2007 (MONDAY)


27.02.2007 (TUESDAY)


28.02.2007 (WEDNESDAY)


备注：(on Details page) Bhandanaria Award-2007 for Mr Gandhi

CISV-Founder-Manager Mr. Jagdish Gandhi has been honored with the prestigious ‘Bhandanaria Global Excellence Award-2007’ for his outstanding contribution in the field of quality control circles. The award was presented to Mr. Gandhi at the International Convention on Quality Control Circles held at Colombo, Sri Lanka.
CMS Republic Day 'Jhanki' — CMS bags maximum

CMS children presented a riot of colour and contrast at this year's Republic Day Parade exemplifying the spirit of 'Unity in Diversity' prevalent in Indian Culture. While some of the drills were steeped in the colour of self-sacrifice and patriotism, others brought out the joyous and exuberant greenery from the fields of Punjab and Haryana. The traditional glory of Rajasthan with its tales of bravery and the advancements in science and technology, in modern India, were depicted through the dances and the tableau. We are proud to be a part of the rich land, that is India.

MARCH PAST CONTINGENTS

MARCH PAST (GIRLS): CMS GOMTINAGAR — SECOND PRIZE
Led by Abhinav Singh with teacher incharge, Mr S.K. Dwivedi, CMS, Rajajipuram boys marched smartly. These boys are the pride of our nation who have imbued the qualities of world citizens. Their unflinching devotion to the cause of world unity and world peace brings a glow on their faces as they march together on the road to success. CMS Rajajipuram has won several gold and silver medals in games, sports and co-curricular activities like, music and dance. It organizes the International Youth Festival every year.

MARCH PAST (BOYS): CMS RAJAJIPURAM — THIRD PRIZE

Flag March: CMS Station Road
The flag march by students of CMS Station Road was led by a talented student of the Branch, Aishwarya Gupta while the teacher incharge was Mr Anil Srivastava, Shailendra and Devmurti Yadav. CMS Gomtinagar has always stood for excellence in all things and their smart representation at the parade reinforced the idea that girls are second to none. They showed bright results in ISC and ICSE Board Exams and qualifying in medical, engineering and various competitive examinations. Under the guidance of Principal, Ms M. Batra, CMS, Gomtinagar has built up a strong reputation as one of the best CMS branches with top class results and setting an example of discipline, cooperation and total personality development.

FLAG MARCH: CMS STATION ROAD

CMS Gomtinagar girls marched step by step conveying the message of unity and brotherhood. The contingent was led by Ms Neha Singh and the teachers incharge were Mr Anil Srivastava, Shailendra and Devmurti Yadav.

DANCE TROUPES

VANDE MATA RAM DANCE: CMS MAHANAGAR (III)
CMS Mahanagar 3rd building presented the patriotic Vande Matalaram dance exciting a love for Mother India, winning the hearts of all. The leader of the group was Priyamvada Yadav and teacher incharge, Archana Sinha.

Before anything else, preparation is the key to success. —Alexander Graham Bell
HEALTHY INDIA PROSPEROUS INDIA DANCE: CMS RDSO

Health is wealth! For a prosperous India, it is important that its children be healthy and strong. Polio is a disease like polo can be eradicated if polio drops are administered at an early age. For this, the whole country should be aware and ready for action and cooperation. Good food, plenty of fresh air, fresh water, exercise and proper treatment at the essential requirements of good health. Imparting this message RDSO dance was enacted beautifully by its team led by Sarvesh Pandey and teacher incharge Mr K.P. Singh.

"AAO SANWAREIN LUCKNOW" DANCE: CMS CHOWK — FIRST PRIZE

This patriotic drill presentation by students of CMS Anand Nagar (1st Building) brought back memories of those who laid down their lives for the sake of the motherland. These were the real heroes who took the bullets to keep the home fires burning. The drill was led by Rajdeep Singh, Raj Kumar and teachers incharge Mr B.P. Singh and Mrs Minu Srivastava.

Success is not final, failure is not fatal: it is the courage to continue that counts. — Winston Churchill

The significant feature of this year’s tableau was its clear emphasis on the need to strengthen a World Judicial System and its firm belief in International Law to save the future of humanity. The tableau also reflected the need to unite the world under the umbrella of a World Parliament with elected representatives from all countries of the world. The tableau prominently showed a model of the International Court of Justice in The Hague, Netherlands and CMS students were seen appealing to all the people of the world to strengthen and empower this International Court of Justice. The scene conveyed the significant message that an organized world society is possible only when we have a powerful system of International law and this can be best achieved by empowering this international citadel of peace, justice and unity of mankind. “The International Court of Justice at the Hague.”

The front part of the tableau showed a safe and secure world under an International Judicial System. It was seen imparting the message that the creator of the universe is One Supreme God and all the Avatars have also given the teachings of love and unity for all humanity. Middle part of the tableau showed 10 girls of CMS Station Road namely, Sapna Verma, Saima, Srivastava, Tanushree Das, Monika Sharma, Manisha, Neha Tewari, Nasheem Siddiqui, Sukriti Mishra, Pragati Singh and Priyanka Tewari singing and dancing at the appealing song “Ek Kooth De Hindustan Ame Svakon Ke Hay Prabhu.” (Unite the hearts of all people serving you, O Lord). Now the time has come when hearts should fill with love of God. The song and dance was highly appealing and effectively sent the message of World Unity. The scales of justice were also seen with 36,000 nuclear bombs on one side, weighed heavily against 2 billion innocent children of the world appealing for a safe and healthy future. At the rear end of the tableau, a World Parliament was seen with children dressed up as representatives of various countries sitting together in a World Parliament and discussing major problems of the world and suggesting solutions. The flags of various countries could be seen fluttering and symbolizing World Unity and World Peace.

The tableau was stationed at CMS Kanpur Road after the Parade and crowds of students, parents and teachers of various schools and colleges thronged there to view it from close quarters. It was studied as an educational tool imparting peace education, which is the crying need of the masses today. Competitions were held in speech, collage, poster-making, poetry and essay writing on the theme of the tableau and prizes worth Rs one lakh were given away to the winners. Students of classes Montessori to degree level participated in these contests and gained a lot of knowledge about international law. CMS believes that peace education should begin in childhood and should be a part of school curriculum. School is a lighthouse of knowledge about international law. CMS believes that peace education should begin in childhood and should be a part of school curriculum. School is a lighthouse of knowledge about international law.
Children's International Summer Villages Camp

International Festival of Folk Dances at CISV Healers Village

Child delegates from various countries like U.S.A., Australia, Brazil, Canada, UK, Germany, France, Norway, Sweden, the Philippines and India presented a colourful array of folk dances and country music depicting the culture and traditions of their countries at the CISV Open Day Celebrations at CMS Degree College, Kanpur Road auditorium on 13 January 2007. On this occasion, the children presented a world view of the new generation of children residing in different parts of the globe, singing the song of unity and universal brotherhood.

The function was inaugurated by the Chief Guest, Mr. D.C. Pant, I.R.S., Commissioner, Income Tax. Special guest on this occasion was Ms Deenna Ledesma Mendiola, Village Committee, Quezon City Chapter, Philippines, while the function was presided over by Dr. (Mrs) Karin De Jonge Kannan, from the University of Utah, USA.

The camp director, Mrs. Kavita Asthana, welcomed the chief guest, children from India and abroad and other eminent guests, who were present on the occasion. She said that the month-long village camp was called “Healers Village”. In the village children are placed in a multi-cultural and multilingual setting. These young children will make a new united world. She also expressed her heartfelt gratitude towards the host families with whom the children had stayed for the weekend and learned about the Indian way of life, especially the joint family system.

The programme began with a ‘World Peace Prayer’. The participants prayed for the peace of their own country as well as the whole world. The children presented melodious songs, colourful dances and entertaining skits. Children presented their country’s culture through native dances, wearing traditional costumes. The camp delegates sang together an opening song “We have got the whole world in this camp”. On one hand, the Brazilian delegation delighted the audience with its exuberant colours of spring in the Liririxa dance, while on the other hand, the ‘Bamboo Dance - Tinkling’ of the Philippines was a real treat to watch. The Morris Dance of the UK was full of country music reminding one of the rich countryside of Great Britain while the Polka dancers of Norway in their traditional attire of black, white and red presented another spectacular view excelling in rhythm and coordination. The Australian delegates presented a spectacular item while the Canadians came up with their National Anthem, ‘Canada is really big’. The Swedish with their ‘Frog Dance’ and French with their ‘French Disco’ sent the feet tapping. Similarly, the Germans presented a thrilling item ‘Klappatanz’ and a song highlighting their country’s culture and heritage. This was followed by the dance by the US delegation. The highlight of the day was the Indian dance presentation which poured out melody, music and rhythm in perfect combination in Gujarati, Kashmiri and Punjabi dances. It also marked the joy of Lohri festival. It got thunderous applause at the end. Then came the JC’s Surprise camp song ‘We shall overcome’. The Grand Finale saw all the camp delegates singing together as one big family of the earth.

President of the UP Chapter of CISV, Mr. Jagdish Gandhi, said on this occasion that such International Children's Camps help the children of the world gain experience of living in a global family besides developing lifelong friendships.

The month long Healers Village finally concluded on 24 January 2007. The pang of separation had a tinge of joy of friendship forged during the camp. With tears in their eyes the little ones promised to keep the line of communication alive all through their life as they parted with each other.

Learning is like eating food. It is not how much you eat that matters, what counts is how much you digest.
TULSI-GIN-DATE INFUSION: 
Ingredients: Fresh Kali Tulsi Leaves - 15; 
Ginger - 1 inch piece; One soft date (khajoor) 
Method: Prepare your favorite cup by putting one soft date slightly mashed in it. Chop fresh tulsi leaves and grind the ginger. Boil 1 cup of water; add both tulsi and ginger and allow to simmer for one minute. Take off heat, sieve and pour over the date. The hot infusion would melt and extract the sweetness of the date. Sip and savor the aroma of tulsi and flavor of ginger. 
BENEFITS: Tulsi - 1. The leaves are a nerve tonic and sharpen memory. 2. They are known as “adaptogens” or anti-stress agents. With exams just round the corner, this drink would become your hot favorite. Ginger - Is known as a universal medicine with potent antibiotic properties. It will protect you from colds and coughs and improve digestion. Dates - They contain oil, calcium, sulphur, iron, potassium, phosphorus, manganese, copper and magnesium. To sum it - one date is a minimum of a balanced and healthy diet.

MISS - CLOVE INFUSION 
Ingredients: Cloves - 2; Rock candy (mishri) - 10-15 pieces 
Method: Take 2 pieces of cloves and crush them coarsely. Boil them in a cup of water and take off the gas. Add the rock candy (mishri) and stir. Pour in your cup after sieving and relish the delicate taste of this infusion. 
BENEFITS: CLOVE - Has a unique mix of micronutrients having the ability to protect you from environmental pollutants. It prevents bacterial infection and reduces inflammation. Its regular intake would strengthen your resistance to stomach disorders and keep you healthier and fitter for your exam preparations. Taking these warmers 2 hours after eating any meal multiplies their benefits.

Each one of you be blessed with the best of ability for your exams. 

HEALTH EDUCATOR TO CMS: 
Dr. Amitabh Pandit ND (Ind), Dy BCAMP (USA) 
In the world of computers, networking is the practice of linking two or more computing devices together for the purpose of sharing data. Networks are built with a mix of computer hardware and computer software.

### Wired vs Wireless Networking

Many of the same network protocols, like TCP/IP, work in both wired and wireless networks. Networks with Ethernet cables predominate in businesses, schools, and homes for several decades. Recently, however, wireless networking alternatives have emerged as the premier technology for building new computer networks.

#### Benefits of networking

- **File sharing**: Network file sharing between computers gives more flexibility than using floppy drives or Zip drives. Not only we can share photos, music files, and documents, we can also use a home network to save copies of all our important data on a different computer. Backups are one of the most critical yet overlooked tasks in home networking.

#### Printer / peripheral sharing

- **Home entertainment**: Newer home entertainment products such as digital video recorders (DVRs) and video gaming systems now support either wired or wireless home networking. Having these products integrated into a home network allows for video sharing and other advanced features.

### Network Protocols

The communication language used by computer devices is called the protocol. Protocols define how data is handled through communication. Protocols are typically defined as a set of rules or standards that govern how data is handled. Popular protocols include TCP/IP, the most common protocol found on the Internet and in home networks.

#### National Cyber Olympiad

Surya Dwivedi and Suyash of CMS Rajajipuram secured positions in the merit list of National Cyber Olympiad organized by National Science Foundation, New Delhi.

#### Bournvita Quiz Contest

Naman Mishra, Anil Prakash and Nitin Chauhary of Class X, RDSO, won first, second and third prizes respectively at the Bournvita Quiz Contest.

### Revised scheme for the Annual Examination 2006 - 2007

#### 1, II, III, IV, V, VI, VII, VIII, IX (ICSE) & XI (ISC)

<table>
<thead>
<tr>
<th>Date &amp; Day</th>
<th>Class I</th>
<th>Class II</th>
<th>Class III</th>
<th>Class IV</th>
<th>Class V</th>
<th>Class VI</th>
<th>Class VII</th>
<th>Class VIII</th>
<th>Class IX</th>
<th>Class XI</th>
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<tr>
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<td>English</td>
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<td>Science</td>
<td>History</td>
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<td>Civics</td>
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<td>Maths I</td>
<td>History &amp; Civics</td>
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<td>Hindi</td>
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#### Note

- In primary all the papers will be of 2 hours duration
- Grades will be given in Sanskrit, Reading and Elocution, Moral Teaching, G.K., Art, P.T. and Music.
- These examinations may be held during regular classes before start of Examination as per the convenience of the school
- Grades will be given in Environmental Education for classes XI & VII

### Regional Maths Olympiad

- Ankit Singh, Arif Siraj Ansari, Hrithik Servatava, Archit Tripathi and Pragya Khare were selected in Regional Mathematics Olympiad merit list, out of the total 8 selections from Lucknow. The maths Olympiad was held under the aegis of the Atomic Energy Commission.

### Handwriting contest

- Prakriti Chandra, class III, CMS, Gomtinagar was honoured for her excellent work in eye protection and eye examination by Station Editor, U.P. Technical University on behalf of Institute of Environment Management and Motilal Rastogi School of Management.

### Art contest

- Kabir, Adarsh and Ratna K. Swampy of CMS Gomtinagar won first prizes at Toyota Dream Car Art Contest. The competition was held by the Toyota Kirloskar Motors Private Ltd.

### Independence Day

- Art exhibits by Sonal Gupta of Class VI, CMS, Aminabad, won the first prize in an inter-school handwriting competition organized jointly by Rotary Club of Lucknow and Airtel.

### India of Bapu's dreams

- Chetan Mishra and Chaital Srivastava, presenting 31,000 CMS students presented an appeal to Dr Nirmala Deshpande, M.P. and Senior Member Gandhi Samiti on Martyr’s Day, 30th January, the death anniversary of Father of Nation, Mahatma Gandhi. They appealed to her to call upon the citizens to realize Bapu’s dreams of unity and brotherhood of mankind.